MEETING MINUTES - JULY 15, 2025 PACK MEETING

PACK Board For 2025	
President	Ken Bement
Vice President	Chris Arceneaux
Treasurer	Eli Rivera
Secretary	Dave Druffel
Web Master	Bruce Behrens

Opening

Ken showed pictures of the Guadalupe River
Had discussion about flooding and volunteering
Held a Moment of Silence for victims

Welcome

Ken explained PACK - paddling, peddling, motoring

Guests and new members

Word of the month

Peregrination

To travel, especially on foot

A journey - especially a long
and meandering one

Safety Spotlight

Hydration and electrolyte maintenance

Water Intake -

Aim for 20 to 30 oz per hour
Pre-hydrate 2 hours before beginning your outing
Avoid plain water for long periods as it can dilute sodium levels.
Alternate with electrolyte liquids

Electrolytes-

Sodium, potassium, magnesium and chloride
These are lost in sweat and so deplete faster when you are out in the heat.
Use electrolyte enhanced drinks- eg Gatorade Nuun tablets or liquid IV.
Aim tor 500-1000mg sodium per liter of fluid
Eat salty snacks for sodium or bananas for potassium and magnesium

Warning signs - Watch for dizziness, headache, nausea, or muscle cramps.
Stop, hydrate and consume electrolytes immediately if these occur.

Ken handed out some electrolyte samples

Show and Tell

Blake showed a video of a safer way to load a kayak

Using a strap instead of lifting from ground - can use leg muscles

It is posted on his YouTube channel

www.youtube.com/watch?v=Erl5lQwLV9A&t=18s

Fishing Tales?

Dave - San Juan - with Pam

Had a fly fishing guide

"Fish Heads On The San Juan"

Eli is in Utah chasing brown trout

Bruce has been catching a bunch of bass

Past Trips

Ken showed pictures of July trips in past years

Keller Bay - July 2006, 2010, 2011

Point Aux Chenes - July 11, 2021

Fort Anahuac - July 2009

Future Trips

July 18 - Bob Hall Pier - Blake

Near Corpus Christi - on island

About a mile offshore

Probably postponed due to waves

August 20 to 24 - Ride the Bull - Blane

Grand Isle

One bed available

$255 for the house

$80 Fish in tourney

Tide is reipping through the pass

Anchoring is required

Increased chance of flipping

Bull reds - common fish

September 13 - Fort Anahuac - Day Trip

September 20 - HOW - Heroes On the Water - non PACK event

September 27 - Port O'Connor - day trip

October 10-14 - Devil's River

Eight people limit for trip

Call Blake

November - San Juan River in New Mexico - Dave Garza

Fly fishing

Can wade fish or use drift boats

Can fly into Albuquerque

Speaker Spotlight

Dave Roberts



superdave90 Follow

838 posts 1,941 followers

David Roberts
Enjoy Life!
Fishing/Outdoor journalist
Texas Saltwater Magazine
www.texaskayakchronicles.com

https://www.instagram.com/superdave90/

Bonefish - DIY - How-to and Where

---> Why Chase Bonefish?
- Fun, fast and incredibly strong
- One of the fastest fish
- Sight casting opportunities
- Affordability and DIY
- Found in beautiful places

---> Where they can be found
- Nearly everywhere!
- United States - Florida Keys and Hawaii
- Bahamas - Andros Islands
- Mexico - Yucatan Peninsula
- Belize
- New Zealand
- Fiji and Christmas Island

---> How-to of catching bonefish
- Fly rod
- And every other way!
- Types of flies - Gotcha, Crazy Charlie
- Buggs, jigs
- Sight casting - just like redfish

---> Affordability and DIY
- Andros Islands (North and South)
- Frankies 2 Boys Inn (cheapest lodge we have found)
- Finding day guides

---> Affordability and DIY

DIY
- Place to stay - Airbnb or Vrbo
- Car rental - must have and not too expensive
- Get familiar with the area
- Finding places to fish - Google maps! Download the maps!
- Equipment and gear - boots, socks, water, sunscreen